



Texas Roadhouse Allergens Menu

Texas Roadhouse Signature Rolls Allergens

Texas Roadhouse rolls contain allergens such as wheat, milk, and eggs. These allergens are common in many bread products due to the ingredients used in their preparation. If you have allergies to any of these substances, it's important to avoid these rolls or discuss alternatives with the restaurant staff.

Texas Roadhouse Starters Allergens Menu

Starter Item	Allergens Present	Price
Bone-In Ribeye	Milk, Soy	\$23.99
Rattlesnake Bites	Egg, Milk, Soy, Wheat	\$5.99
Tater Skins	Milk, Soy	\$5.99
Boneless Buffalo Wings	Egg, Milk, Soy	\$8.99
Fried Pickles	Egg, Milk, Soy, Wheat	\$4.99
Cactus Blossom	Egg, Milk, Soy, Wheat	\$5.99
Cheese Fries	Milk, Soy	\$6.99
Killer Ribs (Full Slab)	Milk, Soy	\$19.99
Killer Ribs (Half Slab)	Milk, Soy	\$14.99
Grilled Shrimp	Milk, Soy, Wheat	\$14.99
Chicken Critters® Basket	Egg, Fish, Milk, Soy, Wheat	\$10.99

Texas Roadhouse Salads Menu Allergens

Salad	Price	Allergens
Grilled Chicken Salad	\$9.99	Milk, possibly other allergens
Chicken Caesar Salad	\$9.99	Milk, Eggs, Wheat (in croutons)
Chicken Critter Salad	\$9.99	Milk, Eggs, Wheat
Steakhouse Filet Salad	\$13.99	Milk, Eggs, Wheat
House Salad	\$3.99	Eggs, Milk (if adding cheese)
Caesar Salad	\$3.99	Milk, Eggs, Wheat (in croutons)

Texas Roadhouse Hand-Cut Steaks Allergens Menu

Steak Type	Price	Allergens
USDA Choice Sirloin	\$9.99	Milk, Soy
USDA Choice Sirloin	\$12.49	Milk, Soy
USDA Choice Sirloin	\$15.99	Milk, Soy
USDA Choice Sirloin	\$19.99	Milk, Soy
Ft. Worth Ribeye	\$15.99	Milk, Soy
Ft. Worth Ribeye	\$17.99	Milk, Soy
Ft. Worth Ribeye	\$20.99	Milk, Soy
Kansas City Strip	\$18.99	Milk, Soy
Dallas Filet	\$17.99	Milk, Soy
Dallas Filet	\$19.99	Milk, Soy
Filet Medallions	\$19.99	Milk, Soy, Wheat
Bone-In Ribeye	\$24.99	Milk, Soy
Porterhouse T-Bone	\$26.99	Milk, Soy
Prime Rib	\$16.99	Soy, Wheat
Prime Rib	\$18.99	Soy, Wheat
Prime Rib	\$21.99	Soy, Wheat

Fall-Off-The-Bone Ribs Allergens

Fall-Off-The-Bone Ribs contain soybean oil, which is used in the grilling process.

For those with other food allergies, it's important to note that Texas Roadhouse uses peanut oil for frying, and peanuts are available on the tables, posing a risk of cross-contamination for those with peanut allergies. Milk and eggs are present in other dishes and in baked goods like rolls.

Dockside Favorites Allergens at Texas Roadhouse

Dish	Allergens	Price
Grilled Salmon	Fish	\$14.99
Fried Catfish	Fish	3-piece \$11.99, 4-piece \$14.99
Grilled Shrimp	Shellfish	\$14.99

Chicken Specialties Allergy Menu at Texas Roadhouse

Dish	Allergens	Price
Country Fried Chicken	Gluten, Milk, Eggs (in gravy)	\$10.99
Grilled BBQ Chicken	None Specified	\$9.99
Chicken Critters	Gluten, Eggs	\$9.99
Oven Roasted Half Chicken	None Specified	\$10.99
Smothered Chicken	Milk, Gluten (with gravy or cheese)	\$11.99
Portobello Mushroom Chicken	Milk, Mushrooms	\$11.99
BBQ Roasted Half Chicken	None specified	\$10.99

Texas Roadhouse Country Dinners Allergens

Dish	Allergens	Price
Grilled Pork Chops	Milk, Soy, Wheat	Single \$9.99, Double \$13.99
Pulled Pork Dinner	Milk, Soy, Wheat	\$9.99
Country Fried Sirloin	Egg, Fish, Milk, Soy, Wheat	\$10.99
Beef Tips (with Mashed Potatoes)	Milk, Soy, Wheat	\$11.49
Beef Tips (with Seasoned Rice)	Milk, Soy, Wheat	\$11.49
Country Veg Plate	May vary depending on side items chosen	\$8.99

Texas Roadhouse Burgers & Sandwiches Allergen Menu

Dish	Allergens	Price
All-American Cheeseburger	Milk, Soy, Wheat	\$8.99
Bacon Cheeseburger	Milk, Soy, Wheat	\$9.49
Smokehouse Burger	Milk, Soy, Wheat	\$9.99
Pulled Pork Sandwich	Milk, Soy, Wheat	\$8.99
BBQ Chicken Sandwich	Milk, Soy, Wheat	\$9.49
Mushroom Jack Chicken Sandwich	Milk, Soy, Wheat	\$9.99

Texas Roadhouse Restaurant Sides & Extras Allergens Menu

Side/Extra	Allergens	Price
Buttered Corn	Milk, Soy	\$2.49
Seasoned Rice	Milk, Soy, Wheat	\$2.49
Green Beans	Soy	\$2.49
Apple Sauce	None listed	\$2.49
Fresh Vegetables	Milk, Soy	\$2.49
Cup of Chili	Milk, Soy, Wheat	\$2.99
Sauteed Onions	Milk, Soy, Wheat	\$2.49
Sauteed Mushrooms	Milk, Soy	\$2.49
Steak Fries	Fish, Soy, Wheat	\$2.49
Mashed Potatoes	Milk, Soy	\$2.49
Baked Potato	None listed explicitly but usually involves Milk, Soy when toppings are added	\$2.49
Sweet Potato	None listed explicitly but similar note as Baked Potato for toppings	\$2.49

Texas Roadhouse Kids & Ranger Meals Allergies

Dish	Allergens	Price
All-Beef Hot Dog	Soy, Wheat	\$3.99
Macaroni & Cheese	Milk, Wheat	\$3.99
Mini-Cheeseburgers	Milk, Soy, Wheat	\$4.79
Jr. Chicken Tenders	Egg, Fish, Milk, Soy, Wheat	\$4.79
Grilled Chicken	Milk, Soy	\$4.79
Lil' Dillo Steak Bites	Milk, Soy	\$4.99
Chicken Critters Basket	Egg, Fish, Milk, Soy, Wheat	\$6.49
Andy's Steak	Milk, Soy	\$8.49
Ranger Rib Basket	Soy	\$8.99

Texas Roadhouse Beverages Allergen

Drink Type	Drink Options	Allergens	Price
Non-Alcoholic Drinks	Coca-Cola, Diet Coke, Sprite, etc.	None	\$1.99 each
	Iced Tea (Sweetened or Unsweetened)	None	\$1.99
	Lemonade	None	\$1.99
	Peach/Raspberry/Strawberry Iced Tea	None	\$3.49 each
	Wild Strawberry, Blue Crush, Red Raspberry Lemonade	None	\$3.49 each
	Bottled Water	None	\$2.99
Alcoholic Drinks	Beer (Budweiser, Bud Light, etc.)	Gluten	\$8.39 each
	Wine (Cabernet Sauvignon, etc.)	Sulfites, possibly egg/milk	\$6 per glass and up
	Cocktails (Margaritas, Bloody Mary, etc.)	Possible milk, eggs	\$6.29 to \$9.99